# Mixed model analysis case studies 

Rasmus Waagepetersen

April 24, 2023

Mixed model analysis of randomized studies:

- evaluation of new mathematics teaching method in primary school
- comparison of whole grain vs. refined grain diets


## TRACK (Teaching Routines and Content Knowledge) project

123 Danish primary schools randomized into treatment and control group.

Treatment: new mathematics teaching method inspired by Singaporean practice.

Follow pupils over three years starting with 4th grade.
Data available now: mathematics test result at beginning of study (baseline).

My colleagues from Aarhus wanted to test adequate randomization by assessing treatment effect at baseline.

Is this a good idea?

## OLS

They used ordinary least squares (OLS) but with adjusted standard errors taking into account correlation between schools and classes.

$$
\hat{\beta}=\left(X^{\top} X\right)^{-1} X^{\top} Y \quad \mathbb{V a r} \hat{\beta}=\left(X^{\top} X\right)^{-1} X^{\top} V X\left(X^{\top} X\right)^{-1}
$$

Plug-in empirical estimate of $V$.
Note: this is not BLUE!

They found slightly significant negative treatment effect !! ( $p$ slightly less than 5\%)

Conclusion ??

## Mixed models analysis

I used linear mixed models with school and class random effects.
In this case

$$
\hat{\beta}=\left(X^{\top} V^{-1} X\right)^{-1} X^{\top} V^{-1} Y \quad \mathbb{V a r} \hat{\beta}=\left(X^{\top} V^{-1} X\right)^{-1}
$$

Is this BLUE ?
Possible disadvantage of mixed model analysis ?

## Results regarding fraction (brøk-regning) test results

Estimates of treatment effects and $p$-values:

| OLS | OLS $p$-value | permutation $p$-value |
| :--- | :--- | :--- |
| -2.39 | 0 | 0.014 |
| Mixed (BLUE) | approx $t p$-value | permutation |
| -1.34 | 0.151 | 0.145 |

Permutation: randomly permute schools into treatment and control and assess treatment effect for each permuted data set. Under null-hypothesis, data should come from this permutation distribution.

## Whole grain (WG) vs. refined grain (RG)

Subjects randomly allocated to two treatment arms:
Group 1: baseline WG RG
Group 2: baseline RG WG
Outcome: LDL cholesterol in blood

Note: possible cross over effect (treatment effect WG-RG may depend on order of treament (WG first or last)

For $i$ th subject three measurements $Y_{i t}, t=1,2,3$

Standard approach: regression using baseline $Y_{1 t}$ as covariate:

$$
Y_{i t}=\mu_{i t}+\alpha Y_{i 1}+\epsilon_{i t}, \quad t=2,3
$$

$\mu_{i t}$ : two sided ANOVA based on Group $(1,2)$ and Treatment (WG, RG)

Problem: we need to skip all observations for $i$ if baseline is missing!

Alternative: mixed model with subject random effect

$$
Y_{i t}=\mu_{i t}+U_{i t}+\epsilon_{i t}, \quad t=1,2,3
$$

Specification of $\mu_{i t}$ more complicated since Treatment now has three levels WG, RG and baseline. Due to randomization, no group effect for baseline!

Results: no cross over effect, WG good for reducing LDL :)

